



WESTOVER HILLS
GASTROENTEROLOGY

Westover Hills Gastroenterology, P.A.
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*Bravo Capsule / Esophageal PH Monitor Study
Patient Information sheet*

It is important to **stop** eating any solid food **twelve hours** prior to your procedure (you may continue to drink clear liquids). But **stop** all liquids **three hours** before the procedure time.

BRAVO CAPSULE:

A miniature pH capsule, approximately the size of a gel-cap, is attached to your esophagus during the **EGD** procedure (please see the information sheet for **EGD**). Throughout the test period, the BRAVO capsule measures the pH in the esophagus and transmits the information to a pager-sized receiver worn on your belt or waistband, just like a pager or mobile phone. You will be given a diary to write down the times when you have reflux symptoms (for example, coughing, heartburn, regurgitation), when eating or lying down. After the test is completed, you return the diary and the BRAVO Receiver to your doctor and the information is uploaded to a computer. This provides a comprehensive report so the physician can diagnose your condition. .

MEDICATIONS TO DISCONTINUE PRIOR TO PROCEDURE:

Certain medications affect the esophagus and might not give proper results. Call our office before adding any medications not previously discussed.

Proton pump inhibitors: Protonix, Prilosec, Prevacid, Nexium, and Aciphex – discontinue 7 days prior to the procedure.

H2 Blockers: Axid, Pepcid, Tagamet, and Zantac – discontinue 7 days prior to the procedure.

Antacids: Tums, Maalox, Mylanta, Roloids – discontinue 1 day prior to the procedure.

If you have any questions please call (210) 509-8888 or additional information can be found at our website www.westoverhillsgi.com.

Your procedure is scheduled on:

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

DATE: _____ AT _____ A.M.
P.M.