



PATIENT INFORMATION SHEET COLONOSCOPY

You have been scheduled for an examination of the lower gastrointestinal tract (rectum, colon or large bowel). This is done by looking at the lining of the large bowel by a lighted tube put into your rectum. In order to examine the colon completely, you will have to follow a special colon preparation to “clean” the bowel before the test.

When you arrive for your test, your blood pressure and pulse will be checked, and then a small IV catheter will be put into a vein in your arm or hand so that medicine to relax you can be given. The medicines that are usually given are Demerol, or Fentanyl (narcotic pain medicines), and/or Versed (a sedative relaxing medicine). Once you are relaxed, the doctor will examine your colon with the colonoscope. The examination usually takes 20 to 45 minutes. If abnormalities or polyps are seen, biopsies (small pinches of tissue) can be taken, and polyps may be removed through the tube. These biopsies are not painful. The biopsies and/or polyps are then sent to the laboratory for examination by a microscope. Most patients are awake enough to leave within an hour. However, for safety reasons, you **cannot** drive or operate machinery, tools or appliances, until the following day, as the effect of the medicine wears off slowly. Before you leave, a check-out sheet will be provided explaining the results of the test.

Possible complications from this test include abdominal pain or cramping, mild bleeding from the rectum and soreness, or redness and/or bruising at the IV site. In addition, more serious complications can rarely occur. These include, but are not limited to, heart or breathing problems which occur in 0.2% of exams, perforation (making a hole in) or tears of the colon occurring in 0.2% of exams, bleeding which occurs in 0.09% of exams, and death, which is rare, occurring in less than 0.006% of exams. If a polyp is removed, the risk of perforation is 0.3% of exams and bleeding in 1.7% of exams. If any of these complications occur, hospitalization, transfusions, or surgery may be necessary. The doctor will visit with you before the exam started. You will then have a chance to discuss and/or ask any questions you have about this examination or its possible complications.

7 days prior to your exam: You should stop taking **Plavix, Aspirin, and Pletal.**

3 days prior to your exam: You should stop taking all other anti-inflammatory or blood thinning medicines (prescription or over the counter). A detailed list of those medicines is available at our office or online at www.westoverhillsgi.com. Tylenol is ok to take.

If you are taking Coumadin, or medicine for diabetes, or have been instructed by your physician not to stop any medications, please contact our office for further instructions.

Please continue all other medications as ordered.

Do you have an artificial heart valve or history of endocarditis (heart infection)? Yes No

Patient Signature: _____ Date: _____

Please bring someone with you to drive you home, as you will be sedated for the exam. The doctor will talk to you after the exam and will give you recommendations for diet, medication, follow up care, etc. Wear comfortable clothing; bring your glasses, hearing aids, insurance card(s) and completed information form. We will expect payment of co-pays, coinsurance and deductibles at the time of service. If you have any questions please call (210) 509-8888 or additional information can be found at our website www.westoverhillsgi.com.

You may receive THREE separate bills from this procedure: 1- Physician, 2- facility (hospital or endoscopy center), 3- pathology (biopsy examination)



**WESTOVER HILLS
GASTROENTEROLOGY**

**Westover Hills Gastroenterology, P.A.
Mosaab A. Hasan, M.D.**

Your Procedure is scheduled at:

- METHODIST HOSPITAL ENDOSCOPY CENTER**
4499 MEDICAL DRIVE, SUB-LEVEL I
SAN ANTONIO, TEXAS 78229
(210) 575-4999
REPORT TO ADMITTING

- CHRISTUS SANTA ROSA HOSPITAL - MEDICAL CENTER**
2827 BABCOCK ROAD
SAN ANTONIO, TEXAS 78229
(210) 705-5060
REPORT TO ADMITTING

- ST. LUKE'S BAPTIST HOSPITAL**
7930 FLOYD CURL DRIVE
SAN ANTONIO, TEXAS 78229
(210) 297-7000
REPORT TO ADMITTING

- CHRISTUS SANTA ROSA HOSPITAL - CITY CENTRE**
333 N. Santa Rosa St.
San Antonio, TX 78207
(210) 704-2011
REPORT TO ADMITTING

Please arrive 45 minutes before your appointment, so nurses can have enough time to get you ready for the procedure. Plan to be at the endoscopy lab for approximately three hours. You will need someone to drive you home after the procedure.

Your procedure is scheduled on:

- MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

DATE: _____ **AT** _____ **A.M.**
P.M.